**Athersley South Primary School**

**Personal, Social, Health, Citizenship, Economic Education PSHCE**

**Overview Feb 2022**

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| The PSHCE curriculum at Athersley South Primary is a well-thought-out and planned progressive sequence of learning where children revisit units each year and build on good foundation in PSED from Foundation Stage. Our coverage follows the guidance for health and relationships set out in the statuary framework 2020.The spiral nature of our curriculum allows children to deepen their understanding of key learning points as they progress through each phase of school life. In order to embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. Pupils can also put this knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts. Our PSHCE education programme makes a significant contribution to pupils’ spiritual, moral, social and cultural (SMSC) development, their behaviour and safety, promotion of British Values and demonstrates our commitment to promoting pupils’ well-being. The table below outlines our topic overviews with a brief outline of the intended goal at the end of each topic.

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| **Topic** | **Goal** |
| Autumn 1 – Rules and Responsibilities  | To understand how rules and structure in society helps us all to thrive. |
| Autumn 2 – Anti-Bullying and E-safety | To know how to keep safe (including online) and respect others in a diverse world. |
| Spring 1 – Relationships | To understand and appreciate their special relationships and to know how to form and maintain positive, healthy relationships.  |
| Spring 2 - Keeping Healthy | To make healthy choices for their physical, emotional and mental well-being. |
| Summer 1 - Me and my Body | To understand how to manage their changing bodies, minds and emotions. |
| Summer 2 - My Money | To understand managing money and making sustainable choices.  |

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**EYFS**

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| The EYFS framework is structured very differently to the National Curriculum as it is organised across seven areas of learning rather than subject areas. We continuously use our understanding of child development and skill progression, baselines, observations and assessments to identify and review our children’s strengths and gaps. This knowledge, along with the Educational Outcomes and Early Learning Goals within the Statutory Framework, drives our provision, learning environment and tailors our curriculum to the children’s needs as well as ensuring we provide a broad range of knowledge and skills that are continuously built upon to provide the right foundations for the children in our care to become lifelong learners. All of this is provided through our continuous provision to engage children’s curiosity, thinking and learning through play and adult focus tasks. Personal, Social and Emotional Development in EYFS stage is fundamental area of learning where children begin to build the foundations of effective interactions and develop positive attitudes of themselves and others by focusing on three core themes: self-confidence and self-awareness; managing feelings and behaviour;making relationships. These core principles prepare children for PSHCE work in Key Stage 1 but are ongoing and integrated into provision across the year rather than following the planned structure in Key Stages 1 and 2.  |

**Progression of Skills**

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| **Rules and Responsibilities** In Key Stage 1 children learn about the importance of being kind and unkind and solve problems that arise from their learning and play. They start building class rules and begin to understand how rules help to make the world safer and fair for everyone. In Lower Key stage 2, children extend this to understand wider school health & safety and how this impact on their own responsibilities at home and in school. This leads to Upper Key stage 2 where children learn about local and national government, democracy, how laws are made and consequences of breaking them. **Anti-Bullying** In Key Stage 1, children learn to express and understand different feelings, how to be kind and manage unkind actions and the initial ideas around that any kind of bullying being unacceptable. In Lower Key stage 2, children build on this when learning about safety online & on the road, how to get help, conflict resolution & compromise. In Upper Key Stage 2 children explore their understanding of risk- managing not avoiding risks; gain a deeper understanding of keeping safe online and in the wider world; they learn about the equality act in respecting differences. **Relationships** In Key Stage 1, children begin to talk about their family and friends how special people care for each other. Leading to Lower Key Stage 2 children explore being a good friend, how to compromise in relationships and how friendships can change. In Upper Key Stage 2 children recognise how to form and maintain positive healthy relationships and how and where to get help if needed when relationships are unhealthy. **Keeping Healthy**In Key Stage 1 children learn about the benefits of rest, exercise and how to keep safe with household products and medicines at home. In Lower Key Stage 2 this extends to understanding how a balanced diet, healthy choices and their own emotional wellbeing contribute to their health. In Upper Key Stage 2, children explore healthy habits and positive physical, emotional, mental well-being and critically evaluate others’ influences on this including reflecting on the impact media presentation has on their health and well-being. **Me and my Body** In Key Stage 1, children learn about changes they’ve experiences since being babies, they identify basic differences in boys and girls which leads onto Lower Key Stage 2 where children find out about acceptable physical contact and the concept of ‘secrets’ and confidentiality. Children learn about healthy routines to keep safe and a basic introduction into the changes they will experience in puberty. This prepares them well for Upper Key Stage 2 where children explore puberty in greater detail – including menstruation and reproduction and how drugs and alcohol have significant effects on health and well-being.**My Money**In Key Stage 1 children look into sources of money and introduce the idea of saving and spending. This leads into learning about choices about managing money in Lower Key Stage 2 and introducing the concepts of interest, loan, tax and debt and allocating resources in Upper Key Stage 2.At Athersley South Primary School, PSHCE is a developmental programme of learning through which children acquire the knowledge, understanding and skills they need to manage their lives now and in the future. |