

## **Athersley South Primary School**

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Headteacher: Mrs E. Sanderson Deputy Headteacher: Mr J. Wheelwright



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## Me and My Body - Year 6

Dear Parents/ Carers.

This term we will be learning about how our bodies change and grow and how we can keep ourselves safe and healthy.

The science national curriculum objectives we will cover are:

- To describe the changes as humans develop to old age
- Showing stages in the growth and development of humans
- To learn about the changes experienced in puberty

This learning links in really well with our PSHE work from the national curriculum for health and relationships, where the objectives we will cover are:

- To describe how to manage physical and emotional changes during puberty
- To be able to explain how to stay clean during puberty
- To be able to ask questions about puberty with confidence
- To understand how puberty affects the reproductive organs
- To understand about human reproduction
- To know how to get help and support during puberty
- Discuss different types of adult relationships with confidence
- Know what form of touching is appropriate
- Describe the decisions that have to be made before having a baby
- Know some basic facts about pregnancy and conception

To have considered when it is appropriate to share personal/private information in a relationship

To know how and where to get support if an online relationship goes wrong

At Athersley South we are passionate about delivering a curriculum that provides all of our children with the skills, knowledge and confidence they need to live healthy, happy and successful lives now and in the future.

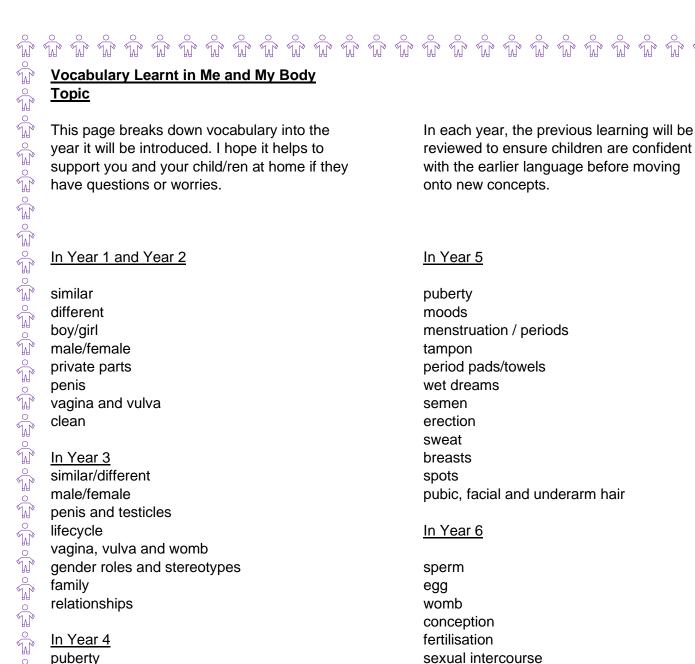
We cover the national curriculum for science and the health and relationships curriculum in personal, social, health, economic education (PSHE). Through this we aim to teach our children to understand their bodies and how they can keep themselves safe, healthy and happy as they are growing and changing.

During these lessons, children may ask questions and all staff in our school will respond to these with sensitivity and kindness and provide the relevant facts at an age-appropriate level. Your children may also ask you questions in their safe home space to clarify their understanding or share any worries they have about their changing bodies.

If you have any questions about the lesson content or concerns over any of the national curriculum objectives, please speak to your child's class teacher or myself as subject leader who will be able to share the resources and explain the content in more detail.

Many thanks,

Miss Milner



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lifecycle

breasts

sperm

egg

reproduction

physical and emotional changes

egg
womb
conception
fertilisation
sexual intercourse
relationship
friendship
love
consent
personal/private
intimacy
fostering
twins
adoption

assisted fertility sexual identity (gay, lesbian, bisexual)